



YOU Physiotherapy, Sports Injury & Massage Clinic in Corstorphine is happy to offer discounted to Edinburgh City Boys Club players and their family members. Assessment, diagnosis and rehabilitation of all musculoskeletal injuries is offered by the clinic and discounted rates are as follows :

Assessment/Treatment (60mins) : £25 players, £28 family members (normally £35)  
Sports/Holistic Massage (30 mins) : £17 players, £18 family members (normally £22)  
Sports/Holistic Massage (60 mins) : £25 players, £28 family members (normally £35)  
Acupuncture (30 mins) : £17 players, £18 family members (normally £22)  
Acupuncture (60 mins) : £25 players, £28 family members (normally £35)

Treatment techniques include mobilisation, manual therapy, manipulation, exercise rehabilitation, electrotherapy, acupuncture, dry needling and kinesiotaping techniques. The clinic has a fully equipped rehabilitation suite with the latest commercial resistance and cardiovascular equipment.

Access/referral pathways to other services are offered and include sports medicine clinic, orthopaedic clinics, sports podiatrist, nutritionist, sports science with VO2 max testing equipment, sports psychologist, personal training services and sports doctor are available if required.

To discuss any needs you have or to make an appointment for assessment please phone Ronnie McGregor on 07779-579-212 or alternatively email [ronnie@youphysiotherapy.co.uk](mailto:ronnie@youphysiotherapy.co.uk)

The website may be found at [www.youphysiotherapy.co.uk](http://www.youphysiotherapy.co.uk)

The clinic can be found at Elite Fitness Studios, The Old Library, 13 Kirk Loan, Corstorphine, Edinburgh, EH12 7HD

All physiotherapists are registered with the Chartered Society of Physiotherapy and Health Professions Council.